



JARED B. ANTROBUS D.D.S., INC.

ORAL & MAXILLOFACIAL SURGEON

www.rocklinoralsurgery.com

6000 Fairway Drive Suite 10, Rocklin CA 95677 - (916) 632-5809 - Fax (916) 632-5814

POST-OPERATIVE INSTRUCTIONS FOR IMPLANT PATIENTS

FOR OPTIMUM HEALING

It is essential that these instructions are followed during the first two weeks after implant surgery.

- Smoking should be avoided during this time period. Smoking increases the risk of implant failure.
- Depending upon the extent of the surgery and individual differences, recovery may take from 1-10 days. Generally, the fewer implants placed, the shorter the recovery. Take only soft foods and liquids for the first 24 hours after surgery. After 24 hours, take diet as tolerated, but avoid chewing directly on surgical site(s).
- Use an extra pillow during the first two nights after the operation to reduce swelling in the surgical area. Apply icepacks to the area during the first day, 20 minutes on, 20 minutes off, then warm moist compresses after the first day.
- Keep gauze in place for 1-2 hours, applying steady pressure to the area. If bleeding continues, replace and apply pressure for an additional hour. Make sure gauze is placed directly over surgical site. Light bleeding/oozing from surgical areas is normal for the first 24 hours.
- The mouth should be thoroughly rinsed with saline solution after each meal (1/8 tsp salt in 8 oz. water).
- Use chlorhexidine mouth rinses twice a day, as directed, beginning the evening of your surgery.
- Dentures, partials or flippers may be worn once bleeding slows, but do not use them to chew or bite down until after your postoperative appointment.
- Be sure to eat something before taking pain medication.
- If you have any questions or concerns, please contact our office.



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ADDITIONAL INFORMATION FOR PATIENTS WHO HAVE HAD IMPLANT SURGERY

- Sutures (stitches) used for implant surgery are sometimes non-absorbable. They will be removed at your follow-up appointment.
- Dentures, partials or bridges can be worn over implant surgical areas, but do not chew with them. They are for esthetics (looks) only. We do not want any pressure applied directly over the implant(s) for at least 10-14 days.
- The round metal screws that you can see following surgery are "closure screws" or "healing screws." They are supposed to be visible. The actual implant is below the gum surface.
- Should one of the screws loosen or come out, it is not an emergency and does not indicate a problem with the implant. Please call during office hours and we will replace it.